



The Collective of Self Help Groups Inc. (COSHG)



“Helping each other to help ourselves”

This is an opportunity for all self help and support groups to celebrate their group, their achievements and the self help group movement.

Wednesday 8 September

COSHG will be holding a day of information and activities to launch National Self Help and Support Groups Awareness Week.

Please join us at Ross House, Hayden Raysmith Room, 4th Floor, 247 Flinders Lane, Melbourne from 11.15am.

Activities will include:

- **11.15 to 2.00pm** Self Help Groups information stalls and opportunity to contribute to an Awareness Week banner
- **11.15am:** Acknowledgement of Country / COSHG welcome
- **11.40am:** Launch by the Minister for Community Development, Lily D’Ambrosio MP
- **12.00pm:** Fiona Ross, Prinny Hill Public Housing Tenants Self Help Group
- **12.15pm:** OMABI performance
- **1.10pm:** Mary-ann Liethof, Polio Australia - ‘The Acorn Story’

All welcome